

# TOMBALL ELEMENTARY SCHOOLS

## LUNCH NOVEMBER 2009

<b>WEEK ONE</b> <b>BBQ Sandwich Rotini</b> <b>Chef Salad w/Ham</b> Super Mashed Potatoes Corn on the Cob Vegetable Cup Assorted Gelatin w/Topping Red Apple Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>2</b></div>	<b>Chicken Parmesan Steak on a Bun</b> <b>Chef Salad w/Turkey</b> Carrot Coins Broccoli Salad Bread Sticks Applesauce Squares Orange Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>3</b></div>	<b>Toasted Cheese Sandwich</b> <b>Roasted Chicken</b> <b>Fruit &amp; Yogurt Plate</b> Tomato Soup w/Crackers Garden Salad w/Dressing Green Beans Rainbow Apple Golden Apple Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>4</b></div>	<b>Spicy Meatballs over Rice</b> <b>Chicken Pot Pie</b> <b>Spicy Popcorn Chicken Salad</b> Green Beans Mashed Sweet Potatoes Hot Roll Banana Pudding Banana Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>5</b></div>	<b>Cheeseburger</b> <b>Bean Burrito</b> <b>Garden Chef w/Egg &amp; Cheese</b> Oven Fries Burger Salad Ranch Corn Mix Mixed Fruit Slices Fresh Fruit Bowl Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>6</b></div>
<b>WEEK TWO</b> <b>Smothered Steak</b> <b>Asian Chicken Stir Fry</b> <b>Chef Salad w/Ham</b> Oriental Vegetables Steamed Rice Sliced Peaches Sugar Cookie Red Apple Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>9</b></div>	<b>Sausage Pizza Meatloaf</b> <b>Chef Salad w/Turkey</b> Broccoli w/Cheese Sauce Tossed Salad w/Dressing Garlic Toast Pumpkin Bread Orange Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>10</b></div>	<b>Bean Chalupa</b> <b>Cheeseburger Macaroni</b> <b>Fruit &amp; Yogurt Plate</b> Seasoned Corn Broccoli/Cauliflower/Carrots Spinach Pudding Parfait Golden Apple Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>11</b></div>	<b>Meatball Sub</b> <b>Chicken Alfredo</b> <b>Southwest Chicken Salad</b> Peas & Corn Cheesy Garlic Mashed Potatoes Dinner Roll Apple Bake Banana Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>12</b></div>	<b>Hamburger</b> <b>Chicken Enchiladas</b> <b>Garden Salad w/Tuna</b> Crinkle Cut Fries Burger Salad Campfire Beans Fruit Mix Fresh Fruit Bowl Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>13</b></div>
<b>WEEK ONE</b> <b>Ravioli</b> <b>Taco Burger</b> <b>Chef Salad w/Ham</b> Seasoned Green Beans Corn Baby Carrots w/Dip Apple Crisp Red Apple Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>16</b></div>	<b>Salisbury Steak</b> <b>Flat Bread Sandwich</b> <b>Chef Salad w/Turkey</b> Sweet Peas Mashed Sweet Potatoes Garden Salad w/Dressing MM Frozen Raspberry Treat Orange Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>17</b></div>	<b>Bean Burrito</b> <b>Chicken Ranch Sandwich</b> <b>Fruit &amp; Yogurt Plate</b> Pinto Beans Spanish Rice Tortilla Chips w/Cheese Sauce Citrus Gelatin Golden Apple Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>18</b></div>	<b>Roasted Turkey w/Dressing</b> <b>Breaded Chicken</b> <b>Spicy Popcorn Chicken Salad</b> <b>Mashed Potatoes w/Gravy</b> Seasoned Green Beans Dinner Roll Fruit Crisp Banana Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>19</b></div>	<b>Cheeseburger</b> <b>Fish Stick Basket</b> <b>Garden Chef w/Egg &amp; Cheese</b> Potato Smiles Burger Salad Baked Beans Apple and Orange Slices Fresh Fruit Bowl Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>20</b></div>
<b>WEEK TWO</b> <b>Pepperoni Pizza</b> <b>Hoagie Sandwich</b> <b>Chef Salad w/Ham</b> Chicken Vegetable Soup Spinach Salad w/Dressing Pasta Mix Chocolate Chip Cookie Red Apple Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>23</b></div>	<b>Beef Soft Taco</b> <b>King Ranch Chicken</b> <b>Chef Salad w/Turkey</b> Tex Mex Potatoes Refried Beans Fiesta Salad Orange Pineapple Gelatin Orange Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>24</b></div>	<b>HOLIDAY</b> <div style="text-align: right;"><b>25</b></div>	<b>HOLIDAY</b> <div style="text-align: right;"><b>26</b></div>	<b>HOLIDAY</b> <div style="text-align: right;"><b>27</b></div>
<b>WEEK ONE</b> <b>Chicken Strip Roll Up</b> <b>Salisbury Steak</b> <b>Chef Salad w/Ham</b> Super Mashed Potatoes Corn & Green Bean Casserole Tossed Salad w/Dressing Tropical Apples Red Apple Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>30</b></div>	<b>Taco Boat</b> <b>Pizza Bake</b> <b>Chef Salad w/Turkey</b> Peas & Carrots Fiesta Rice Vegetable Sticks Minute Maid Frozen Treat Orange Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>31</b></div>	<b>Vegetable Lasagna</b> <b>Steak Finger Basket</b> <b>Fruit &amp; Yogurt Plate</b> Italian Green Beans Garden Salad w/Dressing Bread Sticks Banana Bread Golden Apple Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>32</b></div>	<b>Beef Tips over Noodles</b> <b>Chicken Nuggets</b> <b>Spicy Popcorn Chicken Salad</b> Mashed Potatoes Broccoli/Cauliflower/Carrot Blend Dinner Roll w/Honey Peach Cup Banana Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>33</b></div>	<b>Cheeseburger</b> <b>Fish Tacos</b> <b>Garden Chef w/Egg &amp; Cheese</b> Seasoned Potato Wedges Burger Salad Baked Beans Mixed Fruit Fresh Fruit Bowl Fruit Juice Variety Choice of Milk <div style="text-align: right;"><b>34</b></div>
<b>Turkey Nuggets on the Combo Lines and in the Sandwich Windows on Nov 19.</b>				